

ARR Appendix B
Approved Vitalia Plant List
(Revised 09/18/2024)
(Replaces Previous Version Dated: 5/10/2021)

Purpose

- To establish a list of plants carefully chosen for use by residents within Vitalia when planning their landscaping projects.

Guidelines

- Homeowners need to take into consideration the section in the ARR Guidelines titled Landscaping Criteria as well as the Vitalia at Tradition HOA Landscape Maintenance Standards document when they are making changes to their plant beds, yards, and containers.
- All plants on the Approved Vitalia Plant List are available for Homeowners to use in their beds and yard within the guidelines of the various HOA documents. This gives the Homeowner a sufficient variety of plants to choose from to develop a landscape design that matches their personal style and remains Florida Friendly.
- The Homeowner is responsible for the maintenance of all annuals planted in yards and all plants in containers.

APPROVED VITALIA PLANT LIST

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All plants on this Approved Vitalia Plant List are available for Homeowners to use in their yard within the guidelines of the various HOA documents. This gives the Homeowner a sufficient variety of plants to choose from to develop a landscape design that matches their personal style and remains Florida Friendly. The Homeowner is responsible for the maintenance of annuals in yards and all plants in containers. The HOA landscape contractor will be responsible for the maintenance of the other plants on this list. Vitalia is in the USDA Plant Hardiness Zone 10A.

See Notes & Legends on page 7 & 8 for definitions.

COMMON NAME	BOTANICAL NAME	Height & Width	Container &/or Ground	Drought Tolerance	Pests, Cautions & Notes
ANNUALS					
African Daisy; Osteospermum	Osteospermum spp	6-16" x 12-18"	Both	Medium	FF; daisy-like flowers
Ageratum; Floss Flower; Blue Mist Flower	Ageratum spp; Conoclinium coelestinum	6-30" x 6-18"	Both	Low-High	FF, FN: Ageratum maritimum and Conoclinium coelestinum are Florida natives
Alyssum; Sweet Alyssum	Lobularia maritima; Alyssum saxatilis	3-6" x 8-12"	Both	Medium	FF; hybrids; seeds readily
Angelonia	Angelonia spp	2' x 1'	Both	Medium	FF
Begonia, Fibrous; Wax; Cane; Angel/Dragon Wing Begonia; Alba	Begonia spp	12-24" x 12-18"	Both	Low	FF; Irritant, if eaten may lead to breathing difficulties; fungus sun and shade tolerant depending on leaf type Begonia cucullata is Category II invasive
Calendula; Pot Marigold	Calendula officinalis	1-2' x 1-2'	Both	Medium	FF
Cleome; Spider Flower	Cleome spp	1-3' x 1-2'	Both	Medium	FF
Coleus	Coleus scutellarioides, formerly Plectranthus scutellarioides	6-36" x 8-18"	Both	Low	FF; bulb; root rot in wet soils; occasional insects & slugs
Diascia, Twinspur	Diascia spp	10-12" x 18-20"	Both	Medium	FF; occasional snails & slugs
Gaillardia; Blanket Flower	Gaillardia spp	12-24" x 10-12"	Both	High	FF; fast growth rate; root rot in wet soils
Geranium; Pelargonium; Cranesbill; Hardy Geranium	Pelargonium spp Geranium spp	12-24" x 12-36"	Both	Medium	FF; toxic to dogs & cats if eaten, occasional insects & fungus. Geranium spp is a perennial.
Globe Amaranth; Gomphrena	Gomphrena globosa	2' x 1'	Both	High	FF
Impatiens; Sunpatiens; New Guinea; Bizzy Lizzy	Impatiens spp	12-18" x 12-18"	Both	None	FF; shade/sun tolerant; fast grower; can get slugs
Marigold; African Marigold	Tagetes spp	6-30" x 8-18"	Both	Medium	FF; occasional spider mites during dry periods
Melampodium; Butter Daisy	Melampodium spp	12-18" x 12-18"	Both	High	FF; fast grower; occasional fungus; minimal reseeding; Blackfoot Daisy is a perennial
Million Bells; Superbells; Calibrachoa	Calibrachoa spp	6-12" x 12-30"	Container	Low	FF; best in raised beds/containers
Moss Rose	Portulaca grandiflora	4-8" x 8-14"	Both	High	FF; mounding; occasional mites and snails
Pansy; Viola; Johnny Jump-Up	Viola spp	4-10" x 6-24"	Both	Low	FF; occasional slugs or aphids; fast grower

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Periwinkle; Vinca	Catharanthus roseus	1-2' x 1-2'	Both	High	FF; root and stem rot with too much moisture
Petunia; Supertunia; Petchoa; Surphinia	Petunia spp	6-12" x 10-24"	Both	Low	FF; poisonous if leaves are eaten; occasional stem rot
Purslane; Portulaca	Portulaca oleracea	2-3" x 12-20"	Both	High	FF; can become weedy; occasional snails
Snapdragon	Antirrhinum majus	6-48" x 6-12"	Both	Medium	FF; occasional caterpillars
Torenia; Wishbone Flower	Torenia fournieri	8-12" x 10"	Both	Low	FF
Verbena; Superbena	Verbena spp	6-12" x 18-24"	Both	Medium	FF
Zinnia	Zinnia spp	6-48" x 6-18"	Both	High	FF; fast grower; can get insects

GROUNDCOVERS					
Blue Daze 'Blue My Mind'	Evolvulus glomeratus	12" x 12-18"	Both	Medium	FF; occasional fungus and scale
Bulbine	Bulbine frutescens	1-2' x 1-4'	Ground	Medium	FF
Gazania; African Daisy	Gazania spp	6-10" x 24"	Both	High	FF
Natal Plum, Dwarf	Carissa macrocarpa	1' x 3'	Ground	High	FF
Zinnia, Creeping	Sanvitalia spp	1-6" x 12-36"	Both	High	FF; tolerates all soil types

CACTI & SUCCULENTS					
Cactus, Easter; Christmas; Holiday	Schlumbergia spp; Rhipsalidopsis gaertneri; Hatiora gaertneri	6-12" x 12-24"	Container	High	FF; requires chilling hours and 12+ hours of dark daily for good flowering
Succulent	Agave spp; Aloe spp; Crassula spp; Echeveria spp; Haworthia spp; Mammularia spp; Sempervivum spp; Senecia spp; Talinum spp	Variable	Container	High	FF; 'Joe Hoak Agave', Blue Flame Agave', Quadricolor Agave', 'Vriegata Agave', 'Jade Plant', 'Jewels of Opar', 'Hens & Chicks', 'Snake Plant', 'Mother-in-Law's Tongue', are only a few cultivars; others in each of the species are permitted

FERNS					
Autumn Fern	Dryopteris erythrosora	1-4' x 1-4'	Both	Medium	FF, FN; Autumn Fern; Boston Fern/Sword Fern; Bracken Fern

PERENNIALS					
African Iris; Butterfly Iris	Diets vegeta	2-6' x 1-2'	Both	Medium	FF; slow growth rate; occasional nematodes
Agave, False	Furcraea foetida 'Variegata'	4-5' x 4-5'	Both	High	FF; sometimes spines develop on leaves; occasional snails
Aster, China Aster	Aster spp; Callistephus spp	1-3' x 1-2'	Both	High	FF; some cultivars are grown as annuals
Bird of Paradise, Dwarf	Strelitzia reginae	3-5' x 3-5'	Ground	High	FF; orange & yellow varieties; yellow is 'Mandela's Gold'
Bromeliads	Aechmea spp; Alcantarea spp; Guzmania spp; Neoreglia spp; Vriesea spp	variable	Both	HIGH	FF; slow growth; bright indirect light; Alcantarea tolerates sun
Caladium, Fancy Leaf; Lance Leaf Caladium	Caladium x hortulanum	8-20" x 10-14"	Both	Medium	FF; bulb is poisonous; sap may irritate skin
Cat Whiskers	Orthosiphon spp	2-4' x 2'	Both	Medium	FF
Columbine; Aquilegia	Aquilegia spp	1-3' x 1-2'	Both	Medium	FF
Coneflower; Echinacea	Echinacea spp	18-24" x 12-18"	Ground	High	FF, FN; Echinacea purpurea is a native

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Coral Bells; Heuchera	Heuchera spp	8-36" x 48"	Both	High	FF
Crossandra; Firecracker Flower	Crossandra infundibuliformis	14-36" x 14-36"	Both	Medium	FF; several varieties & colors
Curcuma; Thai Tulip	Curcuma alismatifolia	1-2' x 1'	Both	Medium	FF; Foliage dies back in late fall and comes back in late spring
Cycad 'Coontie'	Zamia floridana	1-2' x 1-4'	Ground	High	FF, FN; slow grower; roots poisonous; can get insects; sole host to endangered Atala butterfly
Daisy	Felicia x amelloides; Anthemis tinctoria; Argyranthemum spp; Brachyscome spp; Felecia x amelioides; Gerbera jamesonii; Leucanthemum x superbum; Erigeron spp; Europ pectinatus; Ursinia anthmoides	variable	Both	Medium	FF; includes: Blue Felicia; Brachyscome; Marguerite; Gerbera; Shasta; Swan River, Cut Leaf, Seaside; Bush Daisy
Firecracker Plant	Russelia equisetiformis	2-3' x 3-5'	Ground	Medium	FF
Gaura; Butterfly Flower	Gaura lindheimeri	2-3' x 1-2'	Ground	High	FF
Ginger; Spiral Ginger; Crepe Ginger; Butterfly Ginger	Costus woodsonii; Costus speciosus; Costus barbatus; Hedychium spp	2-6' x 2'	Ground	Low	FF; easily maintained; some fragrant
Ground Orchid; Terrestrial; Reed Orchid	Spathoglottis spp; Bletilla spp; Calanthe spp; Phaius spp; Epidendrum spp	2-3' x 1-2'	Ground	Medium	FF
Hosta	Hosta spp	12-24" x 12-30"	Ground	Low	FF; prefers bright shade; heat tolerant varieties
Heliotrope	Heliotropium spp	1-4' x 2-3'	Both	High	FF; some varieties are annuals
Iris	Diets spp; Iris spp	2-6' x 1-2'	Both	Medium	FF; slow grower
Jamaican Bell Flower	Portlandia grandiflora	4-8' x 2-4'	Ground	Low	FF; slow grower; alkaline soil tolerant; very fragrant
Joe Pye Weed, Dwarf/Compact	Eutrochium dubium; Eutrochium maculatum; formerly Eupatorium dubium	1-4' x 2-3'	Ground	Medium	FF, FN; use dwarf cultivars only, 'Baby Joe', 'Little Joe', others; butterfly magnet
Kangaroo Paw; Cat's Paw	Anigozanthus flavidus	2-3' x 1-2'	Both	High	FF
Liatris; Gayfeather	Liatris punctata; L. spicata	12-20" x 6-10"	Ground	High	FF
Lisianthus	Eustoma spp;	1-3' x 1-2'	Both	Medium	FF
Milkweed; Butterfly Weed	Asclepias tuberosa; Asclepias incarnata; Asclepias perennis	24-36" x 20-40"	Ground	Medium	FF, FN; native species; butterfly magnet! Host plant for Monarch; Asclepias curassivica is harmful to butterflies & not permitted
Penstemon	Penstemon spp	1-2' x 1-2'	Both	Medium	FF

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Pentas; Egyptian Starflower	<i>Pentas lanceolata</i>	12-18" x 12-18"	Both	High	FF; occasional fungus
Petunia, Carolina Wild	<i>Ruellia caroliniensis</i>	1-2' x 1-2'	Both	High	FF, FN; host plant for butterflies; NOTE: <i>Ruellia simplex</i> is Category I invasive
Phlox; South African Phlox; Jamesbrittenia; Night Phlox	<i>Phlox</i> spp; <i>Jamesbrittenia</i> spp; <i>Zaluzianskya capensis</i>	6-12" x 12-24"	Both	Medium	FF, FN
Plectranthus	<i>Plectranthus</i> spp	3' x 3'	Both	Medium	FF; 'Mona Lavender' and many other varieties; frost sensitive
Rock Cress; Aubrieta	<i>Aubrieta</i> spp	6-12" x 24-48"	Both	High	FF; best in raised flower beds or containers
Salvia; Sage	<i>Salvia</i> spp	1-4' x 1-5"	Both	Medium-High	FF, FN; <i>Salvia azurea</i> , <i>S. coccinea</i> , <i>S. lyrata</i> and <i>S. misell</i> are Florida natives. <i>Salvia yangii</i> is formerly <i>Perovskia atriplicifolia</i>
Sedum; Stonecrop	<i>Sedum</i> spp	1-4' x 1-4'	Both	High	FF; slow clumping or spreading
Shrimp Plant; Golden Shrimp Plant; Golden Candles	<i>Pachystachys</i> spp; <i>Justicia</i> spp	2-6' x 2-3'	Ground	Low-Medium	FF; occasional caterpillars and snails; red, white or yellow flowers
Spider Lily, Perfumed	<i>Hymenocallis latifolia</i>	1-3' x 1-2'	Ground	High	FF, FN
Spiderwort; Tradescantia	<i>Tradescantia ohiensis</i>	2-3' x 2-3'	Both	High	FF, FN; reseeds readily, flowers only a few hours in the mornings
Stokes' Aster	<i>Stokesia laevis</i>	1-2' x 1-2'	Ground	High	FF, FN
Vervain, Tampa	<i>Glandularia tampensis</i>	12" x 18-30"	Ground	High	FF, FN
Yarrow; Achillea	<i>Achillea</i> spp	1-3' x 1-2'	Both	High	FF
Yucca, False; Texas False Yucca	<i>Hesperaloe parviflora</i>	12-36" x 12-36"	Both	High	FF; red, pink or yellow varieties; heat & drought tolerant

GRASSES					
Fiber Optic Grass	<i>Isolepis cernua</i>	10-14" x 10-14"	Both	Low	FF; heat tolerant; tolerates wet soils
Liriope; Lily Turf; Monkey Grass	<i>Liriope muscari</i>	1-2' x 1-2'	Ground	Medium	FF; slow grower; occasional fungus
Lovegrass	<i>Eragrostis</i> spp	1-2' x 1-2'	Ground	High	FF, FN; including native species; drought tolerant
Mondo Grass, Dwarf	<i>Ophiopogon japonicus</i>	6-10" x 6-12"	Ground	Medium	FF; slow grower, black or green varieties; prefers shade
Muhly Grass, Pink; White	<i>Muhlenbergia capillaris</i>	1-3' x 16-36"	Ground	High	FF, FN; pink or white varieties available

SHRUBS					
Abelia	<i>Abelia</i> spp	3'-6' x 3-6'	Ground	High	FF; dwarfs to larger shrubs
Bougainvillea	<i>Bougainvillea</i> spp	variable size forms	Both	High	FF; many varieties; occasional caterpillars, aphids; sap is a skin irritant to some; some spines develop if not trimmed regularly; dwarf cultivars available
Caricature Plant; Jamaican Croton	<i>Graptophyllum pictum</i>	4-7' x 3-4'	Both	Medium	FF; cold sensitive; occasional caterpillars or snails, scale
Clerodendrum 'Musical Notes'	<i>Clerodendrum incisum</i>	4' x 4'	Ground	High	FF; not a vining species; non-suckering variety only

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Clusia, Dwarf	Clusia rosa 'Nana'	1-2' x 2-3'	Ground	High	FF; plant parts are poisonous; irritant; occasional scale, insects
Cocoplum	Chrysobalanus icaco	3-12' x 2-10'	Ground	High	FF, FN; occasional whitefly, croton scale, Sri Lanka weevil
Copperleaf, Curly Ruffle, Chenille Plant (Dwarf)	Acalypha spp; exclude Acalypha hispida (can be mildly toxic)	3-8' x 3-7'	Both	Medium	FF; fast grower; occasional croton scale, spiraling whitefly, mites
Croton	Codiaeum variegatum	18-36" x 18-36"	Both	Low	FF; slow grower; milky sap is skin irritant; occasional whitefly, scale; many varieties
Dracaena	Dracaena reflexa; Dracaena thalioides	2-13' x 2-6'	Both	High	FF
Firebush; Dwarf Firebush	Hamelia patens	4-20' x 3-8'	Ground	Medium	FF, FN; fast grower; occasional grasshopper, insects; dieback after frost; Hamelia patens var. patens is a Florida native
Firespike	Odontonema spp	4-7' x 3-6'	Ground	Low	FF; fast grower; occasional snails
Flamingo Plant	Justicia chrysocephala	3' x 3'	Ground	Low	FF
Hibiscus, Hardy; Tropical; Rose of Sharon, Dwarf	Hibiscus spp	3-10' x 3-6'	Both	Medium	FF, FN; Hibiscus moscheutos is a Florida native and may die to the ground in cold temperatures; other species may or may not.
Ixora	Ixora spp: exclude Maui Ixora	2-10' x 2-8'	Ground	Medium	FF; many varieties; includes slow grower Dwarf Ixora
Jasmine, Downy	Jasminum multiflorum	3' x 3-5'	Ground	Medium	FF; fast grower; drought tolerant
Loropetalum; Chinese Fringe Flower	Loropetalum chinense	3-15' x 3-10'	Ground	Medium	FF; many varieties; generally pest free
Mussaenda	Mussaenda spp	3-10' x 3-10'	Both	High	FF; leaf drop in winter; can be skin irritant; several varieties
Panama Rose	Rondeletia leucophylla	4-7' x 4-7'	Ground	High	FF
Plumbago	Plumbago auriculata; Plumbago zylanica	3-10' x 3-10'	Both	Medium	FF, FN; blue & white varieties; white P. zylanica is a Florida native; can be skin irritant; can get insects & fungus
Podocarpus	Podocarpus macrophyllus	variable	Both	High	FF; heavy leaf drop; toxic if fruits eaten; regular varieties & dwarf varieties, including slower growing 'Pringles'
Porterflower, Pink; Porterweed, Blue	Stachytarpheta speciosa; Stachytarpheta jamaicensis	3-6' x 2-8'	Ground	Medium	FF, FN; fast grower; pollen/nectar source for butterflies; S. jamaicensis is a Florida native.
Rose	Rosa x hybrida	1-3' x 3-5'	Both	Medium	FF; many disease resistant varieties; Hybrid Tea, Floribunda, Groundcover, Shrub, Miniflora, & Miniature types
Sanchezia; Zebra Plant	Sanchezia speciosa	3-7' x 3-5'	Ground	High	FF; cold sensitive; occasional snails & caterpillars
Spiral Ginger	Costa barbatus	6-8' x 6-8'	Ground	Low	FF; fast grower; slow clumping; variegated foliage available
Texas Sage	Leucophyllum frutescens	6-8' x 5-8'	Ground	High	FF

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Thryallis	<i>Galphimia gracilis</i>	4-6' x 3-4'	Ground	Medium	FF; stems somewhat brittle; occasional caterpillars & mites
Viburnum	<i>Viburnum</i> spp	2-10' x 2-10'	Ground	High	FF, FN; dwarfs to larger shrubs; <i>V. obovatum</i> is a FL native

LARGE SHRUBS/SMALL TREE FORMS

Crepe Myrtle	<i>Lagerstroemia indica</i>	variable	Ground	High	FF; drops foliage in late fall; sometimes trained as tree form; some varieties are dwarf or mid-sized
Desert Cassia; Golden Senna	<i>Senna polyphylla</i>	7-9' x 5-6'	Both	Medium	FF; occasional caterpillars
Jamaican Caper	<i>Quadrella jamaicensis</i> , formerly <i>Capparis cynophallophora</i>	6-18' x 10'	Ground	High	FF, FN
Jatropha, Dwarf	<i>Jatropha integerrima</i>	4-10' x 3-7'	Both	High	FF; occasional scale or leaf miners; nectar plant; train into a tree
Silver Buttonwood	<i>Conocarpus erectus</i> var <i>sericeus</i>	3-20' x 2-8'	Ground	High	FF, FN; can get spiraling whitefly, scale, mites and sooty mold;
Teabush	<i>Melochia tomentosa</i>	3-10' x 3-7'	Ground	High	FF, FN; fast grower; prolific flowering
White Indigo Berry	<i>Randia aculeata</i>	3-10' x 3-6'	Ground	High	FF, FN; low grower; attracts birds and insects

TREES

Magnolia 'Alba'	<i>Magnolia champaca</i> , formerly <i>Michelia champaca</i> ; <i>Magnolia grandiflora</i>	15-20' x 8-12'	Ground	High	FF; pyramidal; slow grower 1-3 years, then medium growth; very fragrant flowers
Plumeria; Frangipani	<i>Plumeria</i> spp	6-25' x 5-16'	Both	High	FF; slow growth rate; drops leaves in the late fall; can get scale, caterpillars, mealybugs & whitefly; sap can be a skin irritant
Redbud, Dwarf	<i>Cercis canadensis</i>	8-12' x 3-10'	Both	High	FF; slow grower; deciduous; colorful foliage/flowers; nectar source; Best: 'Rising Sun', 'Flame Thrower', 'White Water', 'Ruby Falls', 'Golden Falls', others
Simpson's Stopper	<i>Myrcianthes fragrans</i>	4-25' x 3-20'	Ground	High	FF, FN; slow grower
Trumpet Tree	<i>Handroanthus impetiginosis</i> , formerly <i>Tabebuia</i>	15-25' x 10-15'	Ground	High	FF; pink or yellow varieties

PALMS

Alexander Palm	<i>Ptychosperma elegans</i>	20' x 6-10'	Ground	High	FF; flower pollen can cause allergies; occasional spiraling whitefly and Ganoderma
Bottle Palm	<i>Hyophorbe lagenicaulis</i>	10' x 10'	Both	High	FF; slow growth
Cat Palm	<i>Chamaedorea cataractarum</i>	6-8' x 6-8'	Both	High	FF; fruits can irritate

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Christmas Palm; Adonidida Palm	Adonidia merrillii	15' x 8-10'	Both	High	FF; fast growth; self-cleaning; flower pollen can cause allergies; whitefly, Ganoderma, possible lethal yellowing disease
Foxtail Palm	Wodyetia bifurcata	25-30' x 10-14'	Ground	Medium	FF; self-cleaning; occasional spiraling whitefly or Ganoderma
Phoenix roebelinii	Roebelenii/Dwarf Date Palm	10' X 8'	Ground	Medium	FF; Spines on fronds
Spindle Palm	Hyophorbe verschaffeltii	20-25' x 5-10'	Ground	High	FF; slow grower; self-cleaning; can get spiraling whitefly; may get lethal yellowing disease

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NOTES & LEGENDS	
Common Names:	Plants may have several common names. These are separated by a “;”. For example: Desert Cassia; Golden Senna. If a common name is an added part of the name, it is indicated by a simple “ , “ For example: Tree Fern, Australian (read as Australian Tree Fern)
Growth Rate:	All plants are considered medium growth rate, unless specially noted above as “fast” or “slow” grower
Planting Location:	Container, Ground or Both
Drought Tolerance:	Plants can generally attain some level of drought tolerance as they mature; usually within 1-3 years. Drought tolerant plants can miss one or two regular waterings and still perform well. Plants that aren’t as drought tolerant need watering on a regular basis to perform well. Waterings in Vitalia are scheduled for two times per week (this can change with the PSL requirements), except during the summer months when the weather provides more frequent rains. If rains persist, Vitalia can turn off the irrigation for a short period, to conserve water until a drier period begins. This is closely monitored and managed by the HOA-contracted landscape company.
FN = Florida Native	Native plants are indigenous species that grew in Florida before European contact and occur naturally in an area. Native species have evolved over time with the biological and physical factors specific to their region such as soil, climate and rainfall.
FF = Florida Friendly	Florida emphasizes water conservation, environmental protection, adaptable to local conditions, and drought tolerance. Principles include: planning right plant in the right place, efficient watering, appropriate fertilizing, mulching, attraction of wildlife, responsible management of yard pests, recycling of yard wastes, reduction of stormwater runoff, and waterfront protection. Additional components are landscape planning & design, soil analysis, appropriate solid waste compost, minimizing use of irrigation, and proper maintenance.
Category I Invasive Plant:	Florida defines a Cat I plant as “exotics that are altering native plant communities by displacing native species, changing community structures or ecological functions, or hybridizing with natives.” The Vitalia Plant List has removed any plant that is a Cat I.
Category II Invasive Plant:	Florida defines a Cat II plant as “exotics that have increased in abundance or frequency but have not yet altered Florida plant communities to the extent shown by Cat I species. These species may become ranked Cat I if ecological damage is demonstrated.” There are several common plants on the Vitalia Plant List that are Cat II. If these change to Cat I in the future, then they will be removed from our Plant List.